



VOYAGER NEWSLETTER

St. Paul's United Methodist Church
Coronado, California

September 29th, 2017

Last Week Attendance:

FROM THE PASTORS PEN

Enough: Discovering Joy Through Simplicity & Generosity

All of us have struggled with financial stress at one time or another, which is why, over four Sundays in October, St. Paul's UMC will have a church wide worship emphasis on *Enough: Discovering Joy Through Simplicity & Generosity*.^{*} While the series is tied to our annual Commitment Sunday on November 5th, the *Enough* focus will provide sound scriptural guidance about faith and finances. Over four Sunday we'll explore the following themes:

October 8 "Faith in the Midst of Financial Crisis"

October 15 "Wisdom and Finance"

October 22 "Cultivating Contentment"

October 29 "Defined by Generosity"

Following the series, during the week leading up to November 5, the Stewardship/Finance team will invite members and supporters of St. Paul's return Commitment Card to indicate their planned level of giving for 2018. I am excited to announce that Alan Kinzel will share about his stewardship journey in worship on November 5. I heard Alan's testimony during my participation in the Emmaus Walk and it is truly a remarkable story.

My hope and prayer is that every person who calls St. Paul's their church home will make a special effort to participate in Commitment Sunday on November 5.

To God Alone, Glory!

Pastor Robb

^{*}The Stewardship/Finance team has ordered a number of companion books for those who want to dig a little deeper into the themes.

Group and Ministry Notes

GRANDMOTHERS IN PRAYER MEET FRIDAYS

Grandmothers in Prayer meets each Friday in room 201 from 9 :00 - 10:30. Besides requesting prayers for our grandchildren, we are using *A Grandmother's Prayers* for our daily devotions and to stimulate meaning discussions to enrich our prayer life. Join us anytime. Email Linda Austin for additional information: lindalaustin@aol.com.

ADULT MINISTRIES

"Momentum for Life" Small Group for Men Focus: Living the life we were meant for, by applying Biblical principles to our everyday lives. Tuesday nights, 7:00-8:30 for 8 weeks, beginning October 3. Interested? Contact church office... or call Mike Burke (787-2478) or Todd Vosper (459-8975).

CARING CONNECTIONS COMMITTEE REMINDER

The Caring Connections Committee is active, about 20 strong, with new members Nancy Adams and Linda Greco. If you love people and would enjoy being a special buddy for one of our elderly church members, call Sue Cargill for more information. We especially need "flower people" who will rearrange the Sunday flowers into individual bouquets and deliver them to shut-ins once a month.

The committee has only two meetings a year. The next one will be on October 24th.

Linda Austin, Co-chairman LindaLAustin@aol.com

NO APOLOGY DINNERS RETURN

Pastor Robb and Jen have set some new dates and invite you to sign up and join them at the parsonage for `special recipe' lasagna, garlic bread, salad, champagne of the desert (water) and ice cream! The dinner is served using disposable dinnerware so that no one has to apologize for the clean-up... the dinners are from 6:00-8:00 p.m.

Please call Marcie in the church office at (619)435-5691 to sign up for one of the following: Thursdays, October 12, 26; November 2; Monday, November 6 and Thursday, November 30. Please let Marcie know if you are vegetarian or gluten free.

GLOBAL MISSIONS

Hurricane Harvey has left its mark on Texas and Louisiana. The disaster is on-going. Our prayers are for those who lost and are suffering. Please give to the UMCOR Domestic Disaster Response Advance #901670. A check from St. Paul's will be sent with any UMCOR donations. The Advance is a great tool we have as United Methodists to show our support. 100% of what you give will go the relief effort.

Group and Ministry Notes (Cont'd)

ST. PAUL'S YOUTH GROUP NOTES

Today's Sunday Morning Youth Offerings

9:00am: Youth Worship - meet Liz on the front lawn before the first service for donuts and an interactive youth worksheet before heading in to worship together.

10:30am: Youth Bible Study - head to the Youth Den during the second service for fellowship and small group studies. This Fall we're continuing in Paul's letters of the New Testament.

High School Pizza Lunch This Monday

High Schoolers come to the St. Paul's upper deck during your lunch break for fellowship and free pizza!

(Sophomores and up)

Wednesday Night Youth Groups

Jr. High: 5:30pm-7:00pm (dinner, games, lesson)

High School: 7:30pm-8:30pm (snack, lesson)

Wanting to know more about our St. Paul's Youth Programs? Contact Liz Flage... lizflage.spyouth@gmail.com

Group and Ministry Notes (Cont'd)

ALUMNI MEMORIES OF ST. PAUL'S

As part of our 130th Anniversary, we connected with a number of our "Alumni". The Rev. Dr. Karen Scheib teaches at the Candler School of Theology. Here is a reflection on her time at St. Paul's UMC.

Both Eric Smith and I were active at St. Paul's and graduated from Coronado High School the same year (1972). I grew up in Coronado. My Father was Tom Scheib, who ran Central Drug store for many years. He died suddenly in 2002 with no funeral plans. I was still a member of the California-Pacific Annual Conference at that time and my charge conference was at St Paul's. We held his funeral at St. Paul's. Some old timers in Coronado will remember my father.

I entered ministry through the support of St. Paul's. I graduated from Pacific School of Religion in Berkeley in 1980 and returned to serve in San Diego. I was ordained a deacon in Cal-Pac 1979 and an elder in 1982. I was an associate pastor at St. Marks UMC in Claremont, in San Diego for two years, then served as the pastor in charge at Imperial Beach UMC from 1982-1986. I returned to graduate school in 1986 at Vanderbilt University in Nashville, Tennessee. While there, I was appointed across conference lines to West End United Methodist Church for about six years. In 1993 I was hired as an Assistant Professor in Pastoral Care at St. Paul School of Theology in Kansas City, Missouri, where I stayed for five years, until moving to Candler School of Theology in 1998. I've now been at Candler for 18 years. In 2008, four years after tenure and ten years after being at Candler, I finally decided to transfer to the North Georgia Annual Conference. I realized I knew fewer and fewer people in Cal-Pac (except retirees!) and more in more in North Georgia as many of my students went on to serve in this conference. The commute to California Annual Conference was also getting difficult.

I have fond memories of St. Paul's. My mother was ill with a fast advancing, non-remitting form of MS all through my high school years and she died during my second year in seminary. St. Paul's provided a place of support and care for me during a very difficult time for me and my family. St. Paul's was also there when my father died suddenly. For a while (in the early 70's) I ran the contemporary service at St. Paul's, which sparked my interest in worship and the ministry. I don't know if I'd be where I am today without St. Paul's. I don't know if there is anyone left in the church who remembers me. I would have been most active there between 1971 and 1975, though I also attended as a young child. I just wanted you and the church to know of St. Paul's impact on my life.

Other Notes and Happenings

ROUND UP WITH COIN UP TO DONATE TO SPUMC

St. Paul's has partnered with "Coin Up" to raise money and awareness for our church. This is the future of giving and it can't get easier. Download the "Coin Up" app from the Apple Store on your smartphone or tablet, choose St. Paul's UMC from the charitable organizations, and register your credit or debit card. Every time you use that card to make a purchase each transaction will be rounded up to the nearest dollar and that difference will be transferred to our bank account! Set a monthly limit if you desire and receive a tax donation receipt. You are in control! Learn more at www.coinupapp.com.



PRAYER REQUESTS: *Jerry Swisher, Hurricane Irma & Harvey Flood victims, Grayson Honor Fine, Tom Lowe, Dave & Leone Wood, Mary Pack, Jane New, Peggy Spence, Lauris Boyer, Jim Black, Emily Grullon, Skip Debaun, Carmella Palo, Mike Miller, Jim Smith, Mark Peterson, Mary Mowry, Marianne Turnipseed, Logan Sandoval, Ann Rutherford, Henrich Family, Norm Ludington, Ron Koch, Bob & Jennifer Davidson, Joyce Saddler*

The St. Paul's e mail Newsletter will be sent out on Friday each week. We rely on groups/ministries to provide content for the newsletter. If you want to have something included, please e mail the announcement/article/pictures to the communications address below by Wednesday. Also include instructions about how many weeks that you want it to run

nadostpauls.communications@gmail.com

Communion by Intinction



The Worship Committee of St. Paul's UMC has decided to implement Communion by Intinction as we believe this will aid the experience of Holy Communion to be more spiritual, fluid, and intimate.

We plan to use this process for several months, making sure that we have to time to assess and improve any issues we discover as we implement this method of celebrating the sacrament of the Lord's Table.

How It Works:

At the invitation of the usher, please proceed forward towards the Communion servers, down the center aisle. There will be 3 servers on each side of the chancel steps:

- 1. A first server will distribute the host.**
- 2. A second server will have the cup.**
- 3. A third server will have (optional) individual communion cups & gluten free wafers.**

Receive the host (piece of bread) in your open hand, and then lightly dip the host into the cup, immersing just the tip of the bread into the cup. You may then partake and return to your pew via the side aisle or kneel at the Communion rail before returning to your pew via the side aisle.



Alternatives:

- 1. If you wish, you may receive the host in your open hand and bypass the common cup to take an individual Communion cup from the 3rd server.**
- 2. Gluten free wafers are also available from the 3rd server with the Communion cup tray.**

Younger Children

We ask that parents with children 4th grade and under help their children receive the host in their open hands and help them receive an individual communion cup. (We plan to have a communion class for 4th graders to teach them the meaning of communion and how to partake.)

After use, individual communion cups may be placed in the basket affixed to the modesty rail at the side aisle.

Questions/Responses

1. Why change? There are many reasons the Worship Committee decided on the change. Some of the reasons are spiritual, some theological, and some are practical. For example, many people expressed how spiritually meaningful it is to come down the center aisle towards the Cross to receive communion. Theologically, to share from a common loaf is what the earliest disciples did. On a practical level, we believe this method may make communion Sundays more fluid.

2. Is it sanitary? Studies indicate that when Intinction is done correctly, it is actually the most sanitary mode of sharing Communion. Note, for example, that the bread will only be handled by one server who provides the host to the communicant. This ensures that only one person's hands are actually touching the loaf, and that person will have a Communion linen to hold the host. It is the common cup that seems to elicit more concern, so we stress the importance of immersing just the tip of the bread into the cup.

Also, hand sanitizer stations will be located at the entrance of the sanctuary where worshippers may use an antibacterial cleanser upon entering worship.

3. What about children? Children of all ages are welcome to the Lord's Table for Communion! Out of an abundance of attention to concerns about cleanliness, the Worship Committee asks parents with children under 4th grade to help their children to receive the host and to take an individual Communion cup. St. Paul's will implement a regular Communion Class for 4th graders to learn about the practice of Communion.

4. What about kneeling at the Communion rail? We encourage prayer and reflection after receiving, either at the Communion rail or in your seat. Please feel welcome to proceed to the Communion rail after receiving the elements.

5. Can people still be served in the congregation if needed? Absolutely! Since the sanctuary is sloped, we encourage anyone who feels unsteady to remain in their seats. As Communion progresses, the ushers will take note of those who need to be served in their seat. Near the end of the distribution of elements, Communion servers will begin to serve those who have not come forward.

6. Who can receive Communion? It bears repeating that in the United Methodist Church, we consider Communion a "means of grace." Anyone who wishes to receive Communion is welcome to do so. We trust that God uses Communion to bring people to faith, even before a formal profession, as well as for those of any age who may not yet 'understand' the full meaning of the sacrament.

Please contact the church office to connect with Pastor Robb about any further questions you may have about Communion by Intinction. 619-435-5691.