



# VOYAGER NEWSLETTER

St. Paul's United Methodist Church  
Coronado, California

February 3rd, 2017

**Last Week Attendance:**

**471**

## **"If I Could Ask God Anything" Message Series Continues**

Our worship services continue to explore questions that people in our congregation would like to ask God. The three remaining questions in the series are:

February 5 - What are the limits of Your grace?

February 12 - Okay God, I feel Your pull, where do we go from here?

If you have a friend or relative who has struggled with any of these questions, this may be a wonderful opportunity to invite them to join you in worship at St. Paul's UMC. Sermon's addressing the questions "How Can You Put Up With Me?" and "Why Do You Allow So Much Suffering and Evil?" can be viewed -- and print copies of the sermon can be downloaded -- on our church website [www.stpaulsmethodist.com](http://www.stpaulsmethodist.com) .

Printed versions of Pastor Robb's Sunday Sermons are now available on the SPUMC website in addition to the video recordings.

<http://stpaulsmethodist.com/home/sunday-sermons>

Please download and enjoy!

## FROM THE PASTORS PEN

### St. Paul's: Celebrating our past, soaring into our future!



What a wonderful kick-off we had last Sunday to begin our 130<sup>th</sup> Anniversary Celebration! The Mayoral Proclamation (and subsequent front page picture on the Coronado Eagle-Journal) was a wonderful way to start our celebration year. Many thanks to Phil Monroe for helping facilitate the proclamation and presence of our mayor, Richard Bailey. As announced last Sunday, we have many events planned throughout the year. Please keep your eyes open for announcements of the events. (And don't forget to order your St. Paul's T-shirt!).

I would also share that for Lent, our Discipleship Committee is offering multiple opportunities to participate in a 6-week small group experience based on the 3 Simple Rules of Methodism: 1) Do No Harm, 2) Do Good, and 3) Stay in Love with God. This short-term small group experience will allow participants to learn the Biblical basis for these discipleship values, and to practice implementing these 'rules' in your daily life.

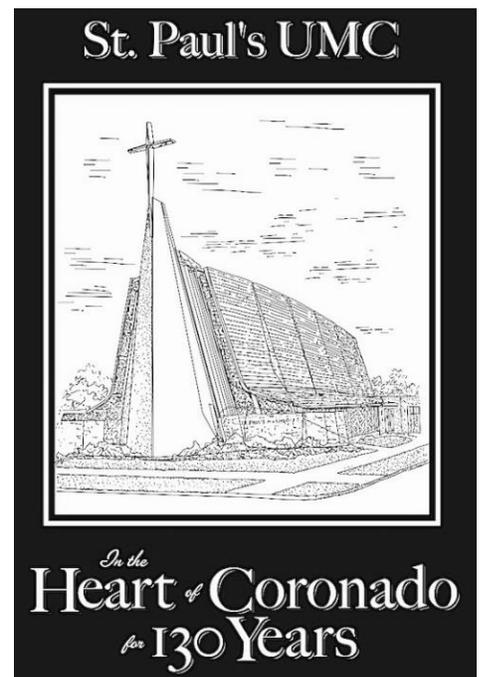
Sign-up's on the patio begin this Sunday for any of the 10 offerings that will work for your schedule. The small group meetings will run February 26- April 2. Opportunities include Sunday morning, Sunday evening, Monday evening, Tuesday evening, Wednesday mid-day and Wednesday evening, Thursday early evening, and Friday morning.

To ensure a true 'small group' experience, group size is limited to a total of 12. (A study materials fee is \$10 per person, including a participant guide for each person who signs up!)

I hope you will respond positively to this opportunity to participate in a small group during Lent. Deepening our walk of faith is one of the ways we can soar into the future that God has in store for each one of us personally and for our church.

To God Alone, Glory!

Pastor Robb



## *Group and Ministry Notes*

### GET YOUR 130<sup>TH</sup> ST. PAUL'S ANNIVERSARY T-SHIRT

(an easy way to share about St. Paul's!)  
All shirts are NAVY BLUE and \$15 each  
Men's Women's & Children's sizes available.  
See Rob or Tracy Armstrong on the patio to order.

### DO YOU LOVE TO SING? JOIN ST. PAUL'S CHOIR!

The choir is getting ready to prepare our cantata! We would love to have you join us!

All parts (Soprano, Alto, Tenor, and Bass) are welcome.

No auditions, we will help you a lot! It is a great way to serve, and our fellowship is strong!

Our regular weekly rehearsal is Thursday 7:00 p.m.- 8:15 p.m.

Our Saturday cantata rehearsals begin Saturday, February 11<sup>th</sup> 9:00 a.m. – 11:00 a.m.

Charlie Higgins, Director of Music

### UNITED METHODIST WOMEN (UMW) EVENTS

#### February 17<sup>th</sup> – UMW “Coffee House” Dessert Night (6:30 – 8:30 pm)

Valentine's Day on a Tuesday not working for you? Come enjoy an adult evening at Coffee and Dessert Night on the Patio and in the Social Hall, sponsored by UMW.

Enjoy entertainment provided by Matt Heinecke.

\$25 / couple    \$15 / individual

Sign-up on the patio after services, or email [nadostpaulsumw@gmail.com](mailto:nadostpaulsumw@gmail.com)

#### March 10<sup>th</sup>-11<sup>th</sup> UMW In-House Retreat

Save the date for our in-house retreat this March. This will be a wonderful time to connect with other women in our community and to be positively encouraged and challenged in our Christian life.

Additional details to follow soon! \$50 for weekend (\$25 for one day)



### HEALING MINISTRY THIS SUNDAY

St. Paul's Healing Ministry will be offered after both services this Sunday in room 105(to the right of the Social Hall).

We welcome those who are in personal need of physical, emotional and spiritual healing. Come experience the powers of our master physician, Jesus, through the power of the Holy Spirit.

Please come and see what Jesus can do for you!

For further information or questions, please call Ann Rebuffattee at (619) 890-2404 or Karen Foster at (619) 435-7997.

## *Group and Ministry Notes (Cont'd)*

### “NO APOLOGY” LASAGNA SUPPERS’ RESUME FEBRUARY 2ND

Pastor Robb and Jen invite church members to begin signing up for ‘No Apology Lasagna Suppers’ that resumed on Thursday, February 2.

The Suppers are from 6-8 pm at the parsonage. Please call Marcie in the church office, 619-435-5691, to sign up for one of the following suppers: 2/16, 2/23, 3/2, 3/9, 3/23, and 4/6.

Marcie will provide the parsonage address when you RSVP. Please let Marcie know if you are vegetarian or gluten-free.

The menu is Grandma Kirkland’s Lasagna, Salad, Garlic Bread, Champagne of the Desert (aka ‘chilled water’) and Ice Cream, all served on single use plates and translucent utensils. Each supper is scheduled from 6-8 pm. (More supper dates are still to be determined for April and May.)

– Pastor Robb



### ST. PAUL’S YOUTH GROUP NOTES

#### Monday High School Pizza Lunch!

Every Monday at noon on the upper deck.  
(Sophomores and up)

#### Wednesday Night Youth Groups!

This week we are having a Jr. High and High School Combined Game Night. All youth meet at the Spreckles Park Gazebo for games and a snack.  
(6:30pm-8:00pm)

#### Sunday Youth Program

9:00am: Join Liz in the sanctuary 'Youth Pew' for donuts and worship with an interactive youth handout.

10:30am: Join Liz in the Youth Den for Youth Bible Study. Currently we are studying Paul's letters of the New Testament.



Any Youth Questions? Please contact Liz Flage..... [lizflage.spyouth@gmail.com](mailto:lizflage.spyouth@gmail.com)

## **Group and Ministry Notes (Cont'd)**

### **SAY WHAT?**

#### **My Hearing Aids Work Perfect With St. Paul's Hearing Loop**

**By Lee Cargill**

**Pastor Robb noted that I had my hearing aids on one Sunday about a month ago and asked if I could tell if my hearing was improved now that the church had installed the new Hearing Loop. I could not tell. The Hearing Loop is designed to work with hearing aids that have a Tele (T)-coil. I purchased my hearing aids at Costco in 2013, so I went to Costco and asked them if my hearing aids should work with a Hearing Loop. They told me that, yes, my hearing aids will work, but required the T-coil to be activated, which they did. My hearing aids are the back-of-the-ear type and I have several settings that I can use, one of which is a setting that is now reserved for T-coil only.**

**The good news: I can now hear very well with the Hearing Loop using the T-coil. It has never been better. I do note that some microphones seem clearer than others. The hearing loop can only transmit the audio inputs that it receives, so good audio inputs by anyone speaking/singing into a microphone are important.**

**So, if you have hearing aids and wonder if the ones you have will work with a Hearing Loop, contact your hearing aid provider and asked these questions:**

- 1. Do my hearing aids have a T-coil that will work with a Hearing Loop?**
- 2. If the answer is yes, does the T-coil need to be activated or programmed?**
- 3. If the answer to question 2 is yes, have them do so and understand what you need to do to turn the T-coil on.**
- 4. With regard to activating/programming, I recommend that you have a setting that is for the T-coil only, blanking out what comes in from the small microphones in the hearing aids.**

**If you do this, you will be amazed at how well you will hear. No more wondering what was said or reading lips. There is one other side benefit – assuming that you follow step 4 above. You will receive only what comes from the Hearing Loop. The result is that loud organ music, which I like but can get really loud with hearing aids, is no longer a problem. It is music to my ears and not pain, the way it should be.**

## *Other Notes and Happenings*

### CHURCH DIRECTORY UPDATE

Please give us your information (address, phone and email) for our St. Paul's 2017 Church Directory. We are trying to update our records and have them as accurate as possible. Please phone the Church Office 619 435-5691 or email [stpaulsmethodist@sbcglobal.net](mailto:stpaulsmethodist@sbcglobal.net)

### NEW DISCIPLESHIP OPPORTUNITY – LENT ADULT STUDY GROUPS

**“Living the 3 Simple Rules” A 6-Week Small Group Experience for Lent**

The Discipleship Committee of St. Paul's UMC invites you to sign-up for a 6-week small group experience based on the 3 Simple Rules of Methodism: 1) Do No Harm, 2) Do Good, and 3) Stay in Love with God. This short-term small group experience will allow participants to learn about the Biblical basis for these discipleship values, and then to practice implementing these 'rules' in your daily life.

Sign up on the patio in between Services for any of the 10 different offerings that work with your schedule. Opportunities include Sunday morning, Sunday evening, Monday evening, Wednesday midday and evening, Thursday early evening, and Friday morning. To ensure a true 'small group' experience, group size is limited to a total of 12.

Study materials fee: \$10 per person.

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**PRAYER REQUESTS:** *Felicity Bishop, Teresa Neil, Mark Cooper, Al Isaacson, Gerry Kowalski, Mark Peterson, Peggy Spence, Trish McHenry, Courtney Brown, Neda Wenger, Mary Mowry, Nicole Sciascia, Marianne Turnipseed, Lauris Boyer, Lois Land, Logan Sandoval, Emily Guillon, Frank Conlon, Brian Clark, Connie Carrol, Leslie Perlis, Taryn Clement, Carmella Palo, Bob Howard, Bette Decker, Gerry Sawyer, Ann Rutherford, Lynn Morgan, The Henrich Family, Sue McNary, Delma Dickson, Zhao Fu, Linda Nixon, Leslie Nathan, David Buckovetz*

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The St. Paul's e mail Newsletter will be sent out on Friday each week. We are not the content providers, and thus rely on other groups/ministries to provide content for the newsletter. If you want to have something included, please e mail the announcement/article/pictures to the communications e mail address by Wednesday. Also include instructions about how many weeks that you want it to run

[nadostpauls.communications@gmail.com](mailto:nadostpauls.communications@gmail.com)