



VOYAGER NEWSLETTER

St. Paul's United Methodist Church
Coronado, California

October 28th, 2016

Last Week Attendance:

360

FROM THE PASTOR'S PEN

The following article was posted to Facebook by Jeremy Wells, the Director of Christian Education at the Palm Spring UMC. Jeremy and I worked together when I was the Senior Pastor at the Atascadero UMC and he was the Director of Student Ministries...

“More Heart, Less Attack”

Time Magazine, The Huffington Post, Politico.com, Fox News, CNBC, and many other news and entertainment outlets have reported in one form or another recently about the increased stress the nation endures during an election season. Anxiety, fear, and resentment lead us into a venomous back and forth self-perpetuating dialogue that benefits no one involved. Each election season I am reminded of Proverbs 20:3 (NLT) “Avoiding a fight is a mark of honor; only fools insist on quarreling.” I mention this not to point fingers in any direction, but only to put voice to the reality of our current situation and to offer a word of wisdom, or more accurately a song of wisdom, to help us reclaim a spirit of peace while it feels like the nation is quarreling all around us.

On Sunday, Oct. 16 we will share a song during the worship service entitled “More Heart Less Attack” by the band Needtobreathe. The song speaks volumes in response to the general atmosphere and attitudes felt amongst friends, family, acquaintances, and strangers of differing opinions. To me the lyrics speak a timeless truth that is reiterated throughout scripture and the greater Christian tradition in various forms, that we are called to love rather than hate. We are called to be instruments of peace rather than destruction. We are truly called to use more heart and less attack, and this applies not only to those we agree with but even more importantly it must be applied to those we disagree with. The lyrics of the song encourages you and I both to “Be the light in the cracks. Be the one that's mending the camel's back. Slow to anger and quick to laugh. Be more heart and less attack.” Words so simple and subtle, yet so profoundly necessary.

Any mention of politics in the church typically, and understandably, results in frustration and chagrin amongst the congregation. The ever-increasing political divide has left us skeptical that a conversation can even occur without attacking the opposition; no matter how you choose to define “opposition.” I disagree with the premise though and challenge us as a community of faith to remember that we are all children of God, and deserve to be treated as such. I challenge us as a church to consider how we respond to those we disagree with at work, online and on social media, at home, and at church. I challenge you to remember that we are called to live lives with more heart, and less attack. Lastly, I leave you with the words of John Wesley, the founder of the Methodist Church, from his journal entry on Oct. 3, 1774.

“I met those of our society who had votes in the ensuing election, and advised them:

- 1.) To vote, without fee or reward, for the person they judged most worthy.
- 2.) To speak no evil of the person they voted against.
- 3.) To take care their spirits were not sharpened against those that voted on the other side.”

Blessings,
- Jeremy Wells

Group and Ministry Notes

HEARING LOOP UPDATE

Gary Cote, an audiologist from Chula Vista, will be here to assist those with hearing aids. Info is available in the Narthex. Please feel free to ask for help! If you are using a hearing aid, it will probably work instantly when you are `in the loop'/ If you don't wear a hearing aid but want to try out the hearing enhancement, we have portable receivers and headsets you can use!.

Oct. 30th we will have a Q and A session right @ 11:30 after the 10:30 Service.

BIBLE WISDOM FOR YOUR FINANCES

Beginning October 30 -- and leading up to our 2017 Commitment Sunday on November 20th -- our worship themes will focus on our relationship and attitude toward money. John Wesley, the Anglican clergyman who established Methodism, preached on the uses of money advising Christians: "*Gain all you can, save all you can, and give all you can.*" Pastor Robb will unpack Wesley's advice as guidance that is both scriptural and practical when it comes to the ways that earn, save, and give our money in ways that truly glorify God and serve His purposes.

CHILDRENS TRICK OR TREATING ON HALLOWEEN

Monday, October 31st, 5:00-6:30 pm

Come over after Downtown Goes Ghostly
for Pizza and Handing out Candy to Trick-or-Treaters
Everyone Welcome -- Not Just for Kids!!



ALL SAINTS DAY NOVEMBER 6TH

Sunday, November 6th we will be observing All-Saints Day. If you have lost a loved one this past year and would like them recognized, please call the Church Office 435-5691 or a prayer request in this Sunday, October 30th Services.

MEN'S BREAKFAST NOVEMBER 5TH

Doug Hall, St. Paul's choir member and French hornist for the San Diego Symphony, will speak to the men at our November 5th men's breakfast. It is a good time for food and fellowship. The doors open at 6:30 and we start the serving line promptly at 7:30. Email john@theklinkers.com to sign up.

Group and Ministry Notes (Cont'd)

ST. PAUL'S YOUTH GROUP NOTES

High School Pizza Lunch

Every Monday @ 12 Noon on the upper deck!
(Sophomores and up)

Wednesday Youth Groups

Jr. High: 5:30pm-7:00pm
High School: 7:30pm-8:30pm
(both meet in the youth den)

Jr. High Lock-In

Friday November 4th-Saturday November 5th
Email Liz for more details!

Any Youth Questions? Contact Liz Flage.... lizflage.sp youth@gmail.com



UMW UPCOMING EVENTS

Sunday, October 30th

UMW Accessories Bazaar and Bake Sale - after both services

Time to look through your closet and jewelry box! We are collecting gently used jewelry and accessories. You can drop off each Sunday, or stop by the church office during the week.

Bake Sale - sign up Sundays on the patio or email Connie Spitzer at spitzer@san.rr.com. Baked goods, pies, or frozen casseroles.

Questions? Contact nadostpaulsumw@gmail.com or call Megan Pontes at (843)367-8931.

Saturday, November 12th

UMW Breakfast - 8:30 am

UMW Book Club Review

Other Notes and Happenings

ELECTION DAY COMMUNION

On Election Day Tuesday, November 8th Pastor Robb will serve Communion at 7:00 a.m. and 12:00 Noon in the Sanctuary.

MISSION COMMITTEE NEEDS DONATIONS FOR VARIOUS CAUSES

St. Paul's Missions Committee are accepting donations of canned goods for the Good Neighbor in Nestor to distribute to South Bay needy families, clothing & small home items for New Entra Casa, children's clothing for TJ Orphanage, and single size protein bars, cheese & crackers, custard or applesauce for the 150 sack lunches the youth prepare quarterly for IB Methodist Church homeless ministry...A collection bin is located next to elevator or you can leave in the social hall in a bag with note for donations.

SYMPATHY NOTES

We extend sympathy to Betty Nickoloff and her children Kevin, Tim and Laurie. St. Paul's former member TOM NICKOLOFF died Saturday, November 22nd. A private burial Service is being held in La Jolla. Please keep their family in your thoughts and prayers.

PRAYER REQUESTS: *Connie Carrol, Darlene Parker, Janice Anderson Gobel, Bette Decker, Karen Trecartin, Cindy Usalis, Gerry Sawyer, Mary Marumoto, Ann Rutherford, Katie McKnight, Ingrid Payne, Ivey Warren, Lynn Morgan, The Henrich Family, Kel Kraft Casey, Sue McNary, Lauris Boyer, Ethan Ellis, Meg Mahon, Bruce Linder, Betty Wied, Don Caine, Delma Dickson, Zhao Fu, Linda Nixon, Marianne Turnipseed, Leslie Nathan, David Buckovetz, Diane Heaton, Kathy Howell, Jimmy and Patty Howell, Andrew Beh, Ken and Patti Brown, Mike and Dolores Miller*

The St. Paul's e mail Newsletter will be sent out on Friday each week. We are not the content providers, and thus rely on other groups/ministries to provide content for the newsletter. If you want to have something included, please e mail the announcement/article/pictures to the communications e mail address by Wednesday. Also include instructions about how many weeks that you want it to run

nadostpauls.communications@gmail.com